

The Sturfer replaces sitting with a new working posture and ends the era of back pain

The STURFER replaces sitting and brings a completely new posture concept to the office and home office with "Sturfer" (sitting, standing and surfing). For the first time, the STURFER eliminates the tightening of the hip flexor muscles caused by sitting by overstretching. This makes the STURFER the first and only solution for eliminating and reversing the cause of back pain without exhausting and time-consuming exercises.

Back exercises not required - pain-free for those lazy to exercise

The vision of **making life pain-free without much effort** has been pursued by company founder and orthopaedic surgeon Dr. Christian Behrendt for years. By slowly increasing the intensity of use or preparatory therapy, permanent back training can be eliminated. At the same time, posture weakness is reduced. Thus, the STURFER is the solution for people who cannot do regular exercises and still want to live pain-free. The training condition can be maintained and even increased by additional therapies.



Sensational feature of the world novelty: Sitting with hyperextended hips

The result is a new, unique and globally patented lifestyle product that allows users to work very comfortably at a height-adjustable desk with hyperextended hips. The STURFER is also a high quality, fully equipped and certified office swivel chair, for those who want to sit normally in between.

Leave the office or home office healthy

The STURFER actively supports the stretching of the body during work, through a variety of stretching positions that build on each other, with unrestricted performance. For users, the STURFER is the workout without the work. The back is straightened, strengthened and healthy in addition to the usual activity.

Children and youth version STURFOLINO

Since the problem of muscle shortening already arises during school time due to sitting, a version for children and teenagers will be launched at the same time.

