

# FRANK & OLI

## PRODUCT CATALOGUE





**FRANK&OLI**

We firmly believe that there's a reason for everything and our actions not only affect us but everyone around us, as well as the world we live in. That is why, when building the Frank&Oli brand, we have endeavoured to create a company where everyone can feel good, grow and become their best self for a happy body, mind and soul. An initiative empowering us to establish long-term partner relationships with our suppliers, clientèle and consumers.

## PEANUT BUTTER SOFT COOKIE

BANANA

Have a bite to discover a taste of exotic adventure! A soft Peanut Butter Cookie with banana is a unique combination of peanut butter and banana that give you strength while you are walking, going sightseeing or hiking in the mountains. Don't wait anymore. Pack your things and hit the road!



DISCOVER A BANANA FLAVOUR!



## PEANUT BUTTER SOFT COOKIE

CHOCOLATE

Delight in the intense taste of chocolate with no sense of guilt! Thanks to our cookie, you can feel safe with what you eat. It is a delicious combination of a peanut butter and chocolate - full of natural ingredients. Perfect for peaceful activity in the fresh air!



TASTE THE POWER OF CHOCOLATE!



## PEANUT BUTTER SOFT COOKIE

CRANBERRY + VANILLA

Do you feel like having something delicious? The soft Peanut Butter Cookie combines natural ingredients and unique flavor! As it comes with cranberry and vanilla, you will not be able to resist it. It also gives you natural energy and power for any challenge!



INTENSE BITE OF ENERGY!



## WE ARE INSPIRED BY HEALTH AND BODY BALANCE

Frank&Oli products are intended for people who take special care of their daily diet. We constantly aim to improve and discover new possibilities. We are looking for innovative flavours and products that will convince more people to include healthy foods in their menu.



## WE DO THINGS NATURALLY AND RESPONSIBLY

**V-Label Certificate** is a particularly important label for vegans. It ensures that Frank&Oli's vegan products do not contain even traces of animal-derived ingredients.

**Crossed-Out Wheat Spike Certificate** approved by the Polish Coeliac Society is a guarantee that our products are fully safe and gluten-free.



## CARING FOR THE ENVIRONMENT IS AN EXTREMELY IMPORTANT FOUNDATION OF OUR COMPANY

We make the world a better place not only by providing healthy food.

Not only our food, but also our packaging are made of natural ingredients, as proven by the **FSC Certificate** we have obtained. It certifies that our cardboard packaging has been produced in accordance with the guidelines for the preservation of biological resources and the structure of forests.



## IFS FOOD - CERTIFICATION FOR FOOD PRODUCERS

Our production facility is IFS Food certified. The main tasks of the IFS Food standard are to control food producers with regard to food safety, as well as the quality of the processes involved in food production and the quality of the products made.

# KETO SOFT COOKIE

WITH CHEESECAKE FLAVOUR AND WHITE CHOCOLATE

Introduce your palate to the world of modern sweetness by reaching out for the Keto Soft Cookie with cheesecake flavour and white chocolate! This extraordinary taste experience will take you to a new healthy level of sweetness. Discover the dependable combination of delicate cheesecake and white chocolate, which have created an unforgettable flavour paradise in Keto style.

Enrich your diet in a tasty manner and discover your new reserves of energy!



NOVELTY!

ENJOY THE MOMENT!



# KETO SOFT COOKIE

TAHINI PASTE

Take a perfect break during the day by reaching out for a Tahini Paste Cookie with delicious sesame paste! It is not just a snack, it is a moment of relaxation and indulgence for your palate. Bite into the soft texture of a cookie that offers you mouth watering experience. The Tahini Paste cookie is the perfect break that tempts with its unique taste and offers relaxation for you body with every bite.



NOVELTY!

GET A BREAK!



# KETO SOFT COOKIE

COCONUT & CASHEW NUT

Enter a new level of wholesome sweetness and reach for a Soft Keto Cookie! It's sweet, with no sugar added, and simply bursting with energy but low in carbohydrates! Taste it for yourself and experience this wonderful Keto style combination of coconut and cashew and unleash new levels of energy and vitality!



**POWER UP YOUR ENERGY LEVELS!**



# KETO SOFT COOKIE

PEANUT BUTTER

Your sweet yet guilt-free pleasures in a Keto version start right here. This soft and delicate cookie with a super peanut buttery taste gives an exceptional portion of energy at its very best! Grab your Keto snack and take on new challenges every day!



**ACCEPT SOME SWEET SUPPORT!**



## HIGH PROTEIN SOFT COOKIE

SALTED CARAMEL

Boost your energy levels and reach peak of your fitness with the High Protein Salted Caramel Cookie! This is an unusual snack, developed for those looking for an extra boost of energy during a busy day. It contains not only the intense taste of caramel, but also an abundance of high-protein ingredients that support your muscles and restore vitality. It's not just a snack, it's your activity booster - every bite is a step towards full energy and satisfaction!



NOVELTY!

IT WILL KEEP YOU ENERGISED  
THROUGHOUT THE DAY!



## PROTEIN BROWNIE SOFT COOKIE

CHOCOLATE + CASHEW NUTS

Load up on energy with this delicious protein booster snack that's rich in natural magnesium! Our Protein Brownie Cookie is the perfect snack to fuel an active lifestyle and has a great chocolate flavour that true chocolate fans crave.



NOVELTY!

DISCOVER A GREAT SOURCE  
OF GOOD ENERGY!



# PROTEIN CRANBERRY VANILLA SOFT COOKIE

CRANBERRY + VANILLA

Reach for this high energy snack to get a positive energy balance and live life to the full! Our delicious Protein Cranberry Vanilla Cookies are perfectly balanced and rich in vitamins and minerals to give you the energy you need to power through the day.



**FILL YOUR ENERGY STORES WITH THIS DELICIOUS, ENERGY BOOSTING SNACK!**



# PROTEIN BROWNIE SOFT COOKIE

CHOCOLATE + COCOA

Keep it up, stay active! Savour every bite of our Protein Brownie Cookie unique chocolate and cashew combo to keep your energy levels up throughout the day. Rich in magnesium and high in fibre to give you the boost you need to face every challenge!



**TASTE THE POWER OF NUTRITIOUS FLAVOUR!**





# BROWNIE SOFT COOKIE

CHOCOLATE + COCOA

Discover the source of wellbeing and release the power of chocolate with our Brownie Cookie! A healthy, nutrient-dense and magnesium-rich snack. Indulge guilt-free in sugar and gluten free wholesome goodness packed with great flavour!



**DIVE IN AND KEEP UP THE POSITIVE VIBES!**



# MILLET SOFT COOKIE

PEANUT PASTE + CHIA SEEDS

Always have them with you to keep hunger at bay! Delicious Millet Cookies with peanut paste and chia seeds. Pick up the pace and keep going! Head out! A satisfying snack full of fibre that will keep hunger at bay. Gluten-free and suitable for vegans.



**SATISFY YOUR HUNGER FOR EXCITEMENT!**



## COCONUT SOFT COOKIE

COCONUT MOUSSE + ALMONDS

Take your taste buds on an exotic adventure with Coconut Cookie! A snack for your guilt-free enjoyment! A natural source of phosphorous and potassium and a great combo of flavours with coconut, almonds and gluten-free oats – a nutritious snack that you can feel good about and enjoy anytime and anywhere.



READY TO TAKE YOUR TASTE  
BUDS ON AN ADVENTURE?



## CARROT SOFT COOKIE

CARROT MOUSSE + ALMONDS

Do you lose power during your excursion or while traveling? Our delicious vegan cookie is filled with nutrients, such as carrots, coconuts and almonds. This healthy snack will serve as a natural energy booster and let you continue your adventure.



NATURAL ENERGY IS ON ITS WAY!



## FOR KIDS SOFT COOKIE

BANANA + STRAWBERRY

Discover the unique combination of flavours in our Banana and Strawberry Flavoured Cookie, specially created with little gourmets in mind! It's a real feast for children's palates. Our cookie contains almond paste, dried strawberries and dried banana puree, creating a harmonious symphony of flavours that will delight any child's palate. Gluten-free, with naturally occurring sugars and rich in dietary fibre, this is a healthy and nutritious snack that will satisfy not only your child's appetite, but yours as well. Indulge in a delicate texture that melts in the mouth, offering an unforgettable taste experience. Give your little one a moment of sweet indulgence with our unique Banana and Strawberry Flavoured Cookie!



BANANA AND STRAWBERRY SWIRL!



## FOR KIDS SOFT COOKIE

NUT PASTE + COCOA

Discover the extraordinary pleasure in every bite by reaching for our Cookies with Hazelnut Paste and Cocoa! Especially created with the youngest gourmets in mind, this is the perfect snack for any occasion. Our gluten-free cookies without added sugars are like little pieces of heaven for a child's palate. Discover the joy in every bite as little ones savour the unique combination of hazelnut paste and cocoa. Our cookies not only tempt with their unique taste, but also make every break a moment full of smiles and joy. Give your child a moment of sweet relaxation with our Cookies with Hazelnut Paste and Cocoa!



FEEL THE SWEETNESS  
OF CHILDREN'S JOY



## PEANUT BUTTER MINI COOKIES

SALTED CARAMEL

Reach new culinary heights with the Peanut Butter Salted Caramel Cookies from the new "Mini Cookies" series! This unique snack combines the intense taste of peanuts, creamy caramel and a delicate savour of salt. Now in a convenient doypack packaging with an open/close closure that keeps each of the small but incredibly tasty cookies fresh. Discover the new "Mini Cookies" series and enjoy intense flavours that provide energy for every stage of the day!



NOVELTY!

MINI COOKIE,  
MAXIMUM ENJOYMENT!



## PEANUT BUTTER MINI COOKIES

CHOCOLATE

Enhance your taste experience with the Peanut Butter Chocolate Cookies from the "Mini Cookies" series! This unique combination of intense peanut butter flavour and deep aromatic chocolate, now available in a practical doypack with an open/close closure. Each pack hides several mini cookies, full of energy and unique flavour. Discover a new level of taste pleasure with the "Mini Cookies" series - compact, tasty and always fresh, thanks to the modern packaging!



NOVELTY!

MINI COOKIE,  
MAXIMUM ENJOYMENT!





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TASTE LIFE ALL THE TIME



FRANK&OLI