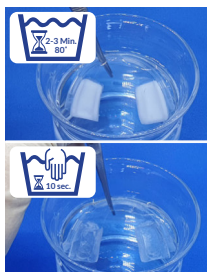


Instructions for use

Content:

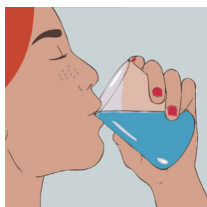
incl. Thermo-Splint, storage box and Instructions for use



Dip the AquaSplint®thermo with tweezers in hot water for **2-3 minutes at 80 °C** until the plastic becomes transparent. Let cool for **10 seconds** in cold water.



Insert the AquaSplint®thermo in the lower jaw and let **cool down/harden for about 5 minutes**.



Rinse with cold water to accelerate cooling. **Remove after solidification.**



Remove any excess that may disturb the occlusion. If the result is undesirable, the whole process can be repeated.

Article-Nr.	Description	Price	Quantity
402-001-01	AquaSplint thermo		

Address / Stamp



TeleDenta GmbH
Hainstr. 108
09130 Chemnitz
Germany

Tel.: +49 371 4330209
Fax: +49 371 43318363
E-Mail: info@teledenta.com
Web: www.teledenta.com



a self-adjusting / prefabricated* CMD Splint



*** already contains a thermo-plastic relining**

www.teledenta.com

Recommended wearing time max. 4 weeks.

7% VAT. & shipping costs, unless otherwise stated. Changes and errors excepted.



AquaSplint® thermo

is the latest generation of the prefabricated self-adjusting TMD-Splint. Its integrated, thermoplastic relining enables quick customization and stable retention without laboratory work, impressions or registration.

The hydrostatic balance between the two water pads connected by a tube, enables pain-relieving harmonization of the craniofacial structures (aqua-balance-effect).

AquaSplint® classic >>> AquaSplint® thermo

Thanks to the newly developed thermoplastic relining (boil & bite) and the innovative “aqua-balance-effect” the new **AquaSplint® thermo** enables better retention and easier handling:

- The **thermo** is even easier to use. A thermoplastic relining is already integrated, so that the bonding and silicone relining syringe that was previously required is no longer necessary.
- Short chair time, just after a few minutes in hot water, the thermoplastic relining is ready for insertion (see instructions for use).
- The adjustment process can be repeated if the adaptation of relining does not fit properly.

Indications:

- rapid pain relief and muscle relaxation (immediate help)
- simplified preprosthetic / pre-orthodontic bite determination
- neutralizes malfunctions, forced bites and premature contacts
- differential diagnosis of the multifactorial Genesis of TMD
- supportive diagnosis & therapy for associated diseases such as cervical spine syndrome, tinnitus, migraines, joint trauma and limitations

AquaSplint **thermo**
is a quality product
Made in Germany 



Contra-indications

- severe bruxism / grinding reduces the durability ^(*)
- sharp edges on prostheses, tooth crowns can damage the water pads
- missing molars/premolars, at least one second premolar in each quadrant should exist

Advantages over classic bite splints:

- immediately applicable without impressions / laboratory work
- rapid pain relief and muscle relaxation
- wearing for 10 hours per day is sufficient
- precisely fitting and comfortable retention
- no sharp edges / pressure points
- universal size >> universally applicable
- no adjustment appointments needed (thanks to the hydrostatic equalization of the two water pads)
- replaces the relaxation and distraction splint
- can be inserted during an orthodontic treatment
- can be used either in the lower or upper jaw
- ^(*) can be used in combination with a 0.5 mm vacuum splint in the opposing jaw for long term treatment

Gebrauchsanweisung

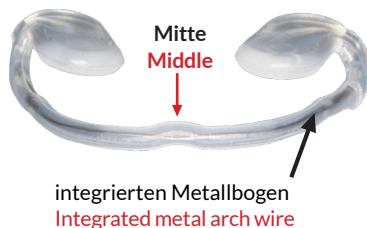
Bestellung / Order



- wahlweise im Unter- oder Oberkiefer tragbar
- den integrierten Metallbogen durch leichtes Biegen an die Zahnbogenform anpassen – die Wasserkissen sollten passiv u. symmetrisch zwischen beiden Zahnreihen liegen
- die V-Markierung zeigt die Mitte des Verbindungsschlauches der beiden Wasserkissen und sollte beim Anpassen und Tragen nahe der Zahnmittellinie im Ober- bzw. Unterkiefer liegen
- **AquaSplint®mini** bitte sofort nach dem Herausnehmen mit Wasser abspülen und in die Aufbewahrungsdose legen

Instruction

- Can be worn in the lower or upper jaw
- The integrated wire should be bend easily according to the dental arch – both water pads should remain passively and symmetrically between the teeth
- The V-mark shows the midpoint of the connection tube of both water pads. It should be rested/located near the midline of the upper or lower jaw
- Please wash up the **AquaSplint®mini** with water after removal and place it into the hygiene box



Artikel-Nr. Article-No.	Bezeichnung Description	Preis Price	Menge Quantity
401-001-01	AquaSplint mini (1 Stück/Piece)		
401-001-02	AquaSplint mini (5 Stück/Pieces)		
401-001-03	AquaSplint mini (10 Stück/Pieces)		



inkl. **AquaSplint®mini** Schiene und Aufbewahrungsdose für Patienten
Incl. **AquaSplint®mini** splint and hygiene box for patients

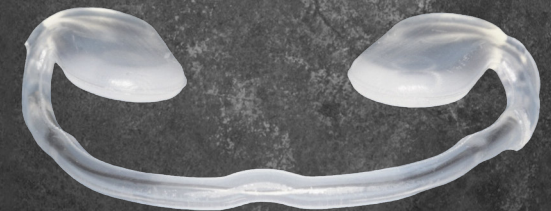


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Zzgl. 7% MwSt. & Versandkosten, sofern nicht anders ausgewiesen.
Änderungen und Irrtümer vorbehalten.
7% VAT. & shipping costs, unless otherwise stated. Changes and errors excepted.

Die vereinfachte CMD Aufbiss-Schiene



The simplified TMD bite-splint

www.aqua-splint.com



Made in Germany



Anwendung/Indikation:

AquaSplint®mini ist eine mit Wasser gefüllte selbstjustierende Aufbisschiene, die sofort das CMD Syndrom und die damit assoziierten Erkrankungen wie Kiefergelenkschmerzen, Migräne, HWS-Syndrom, Tinnitus, Kopf- u. Gesichtsschmerzen, Blockierungen, Stress-Syndrom, moderate Schlafapnoe etc. therapieren kann.

Application/Indication:

AquaSplint®mini is a self-adjusting bite-splint that is filled with water and offers immediate therapy to the TMD syndrome and associated disorders like TMJ-pains, migraine, cervical syndrome, tinnitus, head- and face ache, blockades, moderate sleep apnea.

Kontraindikationen:

- starker Bruxismus/Knirschen reduziert die Haltbarkeit
- durch scharfe Kanten an Prothesen, Zahnkronen o.ä. können die Wasserkissen beschädigt werden
- Fehlen der Backenzähne - mindestens ein zweiter Prämolars (5er) in jedem Quadranten sollte vorhanden sein

Contraindications:

- Severe bruxism/grinding reduces the durability
- Due to sharp edges of prostheses, dental crowns etc. the water pads could be damaged
- Missing molars - at least one second premolar tooth in every quadrant should be present



Merkmale des AquaSplint®mini:

- niedrige Höhe - dadurch besonders geeignet beim CMD-Patienten mit offenem Biss
- ideal für den nicht zahnärztlich tätigen Mediziner wie Orthopäden, HNO Ärzten, sowie Osteopathen, Physiotherapeuten und Apothekern
- keine Unterfütterung
- Unterkiefer kann sich selbst balancieren/ repositionieren
- neutralisiert evtl. vorhandenen Zwangsbiss
- integrierter Draht, welcher sich individuell an die Zahnbogenform biegen lässt
- effektiver und sofortiger Behandlungseinstieg
- bei Fortschritt und Schmerzlinderung kann eine okklusale Rehabilitation (Zahnarzt) oder ein **AquaSplint®thermo** folgen

Characteristics of AquaSplint®mini:

- Lower height - thus particularly applicable for TMD-patients with open bite
- Preferred by non-dental physicians like orthopedists, ENT physicians, also osteopaths, physiotherapists and pharmacists
- No relining
- Allows balancing of the lower jaw
- Neutralized any forced bite
- The integrated wire can be bent individually pursuant to the dental arch
- Effective and immediate access to therapy
- With progress and pain relief an occlusal rehabilitation (dentist) or an **AquaSplint®thermo** can follow if needed



Vorteile gegenüber klassischen Aufbiss-Schienen:

- schnelle Schmerzlinderung und Muskelentspannung
- sofort einsetzbar ohne Laborarbeiten
- universelle Größe
- keine scharfen Kanten
- nur 10 Stunden tägliche Tragedauer
- keine Adjustierungstermine (dank des hydrostatischen Ausgleichs der beiden Wasserkissen)
- Ersetzt die Relaxierungs- und Distractionsschiene
- kann während einer kieferorthopädischen Behandlung eingesetzt werden

Advantages compared to classic bite splints:

- Quick pain alleviation and muscle relief
- Installable instantly without lab work
- Universal Size
- No sharp edges
- No more than 10 hours of daily wearing
- No appointments for adjustment (thanks to the hydrostatic balance between both water pads)
- Alternative to both relaxation and distraction splints.
- Can be used during orthodontic treatment

Unterschied AquaSplint®thermo & mini:

AquaSplint®mini ist um ca. 40% dünner als der **AquaSplint®thermo**, da Sattel und Unterfütterung entfallen. Dadurch ist er besser für die Behandlung von Patienten mit offenem Biss geeignet.

AquaSplint®mini hat im Gegensatz zum **AquaSplint®thermo** einen integrierten Metallbogen, wodurch er individuell an die Zahnbogenform angepasst werden kann.

Difference between AquaSplint®thermo & mini:

AquaSplint®mini is about 40% thinner than the **AquaSplint®thermo** due to the omission of both saddles and relining. Therefore it is more suitable to treat open bite patients. **AquaSplint®mini** has in comparison to the **AquaSplint®thermo** an integrated metal arch wire in the tube which is connecting the two pads. This wire makes it possible to be individually adapted to the shape of the dental arch.